



# Join Us to Honor Those Who Have Served



## Veterans Day Appreciation Luncheon Friday, November 6, 2020 at 11:30 AM

Presented by Cottonwood Veterans Outreach and  
the American Veterans Assistance Group

***Our Guest Speaker is Phil Downer***



A former machine gunner who served with 2nd Battalion, 5th Marines in Viet Nam in 1967 and 1968. Phil Downer has spoken to 288,348 men and women of all branches of the U.S. military at 196 events. He presents motivational messages on the value of military service in building character, integrity, teamwork, and core value leadership. He also presents professional military training (PMEs), and speaks on post-traumatic stress, war trauma, and the military marriage and family.

Phil is the author of *From Hell to Eternity: Life After Trauma*. Phil's story was also featured in the award winning Day of Discovery TV series *The War Within*. Phil received a BA from Southern Methodist University in 1972 and a Juris Doctor from Emory University School of Law in 1975.

***MASKS MUST BE WORN***

***Lunch will be provided - Please RSVP***

***RSVP to: [doreendabo@yahoo.com](mailto:doreendabo@yahoo.com) (714) 809-1658***



***Cottonwood Church - 4505 Katella Ave., Los Alamitos, CA 90720***